

Gabriel Watson, PhD

Developing Minds Psychology, PLLC

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EDUCATION & TRAINING

2 Year Postdoctoral Fellowship, Child and Adolescent Neuropsychology [June 2015 – August 2017]
Psychology Consultation Specialists, PLLC, Plymouth, MN

Predoctoral Internship [August 2013 – July 2014]
Illinois School Psychology Internship Consortium, Skokie, IL [APA & NASP Accredited]

PhD, School Psychology [September 2009 – May 2015]
Michigan State University, East Lansing, MI [APA & NASP Accredited]
Dissertation / Examining predictors of initial treatment decisions for conduct problems in youth: A retrospective analysis of psychiatric outpatient medical records from a university-based clinic

MA, Clinical Psychology [September 2006 – July 2008]
Minnesota State University, Mankato, MN
Thesis / With Friends like these: Parental control as a moderator between close friend support and conduct disorder

BA, Psychology / BA, Criminal Justice [September 2000 – May 2005]
University of St. Thomas, St. Paul, MN

PROFESSIONAL CERTIFICATIONS & LICENSES

Licensed Psychologist, Minnesota [LP6081]
National Provider Identifier [1710364740]
Nationally Certified School Psychologist [NCSP 46029]

CLINICAL POSITIONS

Licensed Psychologist, Owner, Developing Minds Psychology, PLLC, St. Louis Park, MN
[August, 2018 – Present]

- Completing neuropsychological assessments related to a variety of neurodevelopmental, learning, and medical concerns.
- Preparing intervention recommendations that are empirically supported and tailored to meet the unique needs of the patient.

- Providing parents and patients oral and written feedback that is accessible and immediately actionable.
- Consulting with parents and associated care providers in order to improve the continuity of patient care and implementation of recommendations.

Pediatric Neuropsychologist, Nystrom and Associates, Ltd., New Brighton, MN
[September, 2017 – March, 2019]

- Completing neuropsychological assessments for a variety of presenting concerns, including neurodevelopmental disorders, complex medical histories, & adverse childhood experiences.
- Preparing intervention recommendations that are empirically supported and tailored to meet the unique needs of the patient.
- Providing parents and patients oral and written feedback that is accessible and immediately actionable. Consulting with parents and care providers as necessary.

Neuropsychology Postdoctoral Fellowship, Psychology Consultation Specialists, Plymouth, MN
[June, 2015 – August, 2017]

Supervisors: Sandy Sondell, PhD, LP & Ellie Covin, PsyD, LP

- Completed all phases of comprehensive neuropsychological assessments for children and adolescents, including diagnostic interview, testing, scoring, interpretation, and providing written and oral feedback to parent and patients.
- Provided parent consultation around assessment outcomes, implementation of recommendations, and accessing referral sources.
- Experience working with a diverse range of presenting concerns, including neurodevelopmental disorders, complex medical histories, & adverse childhood experiences.
- Participated in case consultation and didactic learning opportunities, in addition to ongoing clinical supervision.

Pre-doctoral Internship, Illinois School Psychology Internship Consortium, Normal, IL
[August, 2013 – August, 2014] – APA and NASP APPROVED

Supervisor: John Frampton, PsyD, LP

- Worked within a therapeutic day school serving adolescents diagnosed with a psychiatric and/or learning disorders [major rotation], and an early childhood diagnostic center serving preschoolers [minor rotation].

- Provided psychoeducational and psychodiagnostic evaluation services to diverse adolescent clients and families, as well as developmental evaluations to preschool children.
- Delivered case management services, created treatment plans, held weekly psychotherapy sessions, and conducted crisis interventions with an ethnically, culturally, and diagnostically diverse caseload.
- Consulted with families, school staff, community mental health agencies, and local hospitals to streamline intervention services that were delivered to clients across and within these systems.

Child Neuropsychological Assessment Practicum, Michigan State University, East Lansing, MI
[January, 2012 – May, 2012; January 2013 – May, 2013]

Supervisor: Jodene Fine, PhD, LP

- Received weekly didactic training on neurodevelopment, neuroanatomy, pediatric neurodevelopmental and medical disorders, neuropsychological assessment theory, and clinical utility of associated instruments.
- Gained experience administering, scoring, and interpreting a wide range of domain-specific and omnibus instruments.
- Completed comprehensive neuropsychological assessment using a fixed-flexible battery approach to guide diagnostic hypothesis-testing, and facilitated parent feedback sessions.
- Provided parent and educator consultation around assessment outcomes, implementation of treatment/education recommendations, and accessing referral sources.

Psychology Practicum, Turning Point Youth Treatment Center, St. Johns, MI
[August 2012 – May, 2013]

Supervisors: Jodene Fine, PhD, LP & Meghan Faust, LMSW

- Worked within an inpatient treatment facility serving children, adolescents, and young adults with a psychiatric diagnosis and a pending criminal charge.
- Provided long-term psychotherapy and crisis intervention services to ethnically and culturally diverse patients.
- Completed personality assessments using Minnesota Multiphasic Personality Inventory for Adolescents and Millon Adolescent Personality Inventory.
- Facilitated professional development training to therapists on the importance of linking the assessment of emotional temperament with therapeutic interventions.

School Psychology Practicum, Various Public Schools, Lansing, MI
[September, 2009 – June, 2012]

Supervisors: My Lien, PhD, LP & Brian Lloyd, EdS

- ❑ Conducted comprehensive psychoeducational evaluations and drafted recommendations regarding appropriate emotional, behavioral, and academic supports.
- ❑ Provided long-term cognitive behavioral therapy to student with hyperactivity and impulsivity, and evaluated his progress with this treatment.
- ❑ Consulted with teachers and parents on evidence-based educational practices for students with learning disabilities.

Program Supervisor, Chrestomathy Center, Minneapolis, MN
[July, 2005 – July, 2006]

Supervisor: Dan Van Ingen, PsyD, LP, Program Director

- ❑ Worked at a behavioral training program serving adults with a developmental disability and various secondary psychiatric diagnoses.
- ❑ Conducted formal functional behavioral assessments that included functional assessment, descriptive assessment, and indirect assessment procedures, and designed behavioral interventions using resulting data.
- ❑ Implemented and trained staff on behavioral interventions and communication therapy for ethnically, culturally, and diagnostically diverse caseload.

SUPERVISORY POSITIONS

Supervisory Associate, Michigan State, East Lansing, MI
[September, 2012 – May, 2013]

- ❑ **Supervisor:** Jana Aupperlee, PhD, LP
- ❑ Provided practicum supervision to five 2nd year graduate students within the school psychology doctoral program at Michigan State University
- ❑ Held weekly supervisory meetings to assess student progress with practicum goals, discussed experiences, and supported practice-oriented problem-solving processes
- ❑ Monitored student progress via regular meetings with course supervisor and field-based supervisor

PUBLICATIONS & PRESENTATIONS

Peer-Reviewed Publications

- Watson, G. C.**, Carlson, J.C., Janulis, P., & Magen, J. [In preparation]. Does improved emotional regulation mediate the behavioral outcomes of treating conduct disorder with risperidone: A reanalysis of clinical trial data from the Yale Open Data Access [YODA] Project.
- Watson, G. C.**, Carlson, & Magen, J. [2017]. Examining predictors of initial outpatient psychiatric treatment for conduct problems in youth: A records review. *Perspectives in Psychiatric Care*. doi: 10.1111/ppc.12218
- Barterian, J., Rappuhn, E., Seif, E., **Watson, G.C.**, Ham, H., & Carlson, J. [2014]. A review of the current state of evidence for medication treatment of preschool internalizing disorders. *The Scientific World Journal*, 2014, 1-8. doi: 10.1155/2014/286085
- Watson, G. C.**, Sifers, S. K., & Houlihan, D. [2013]. Parental Behavioral Control as a Moderator between Close Friend Support and Conduct Problems. *J Child Adolescent Behavior*, 1, 105. doi:10.4172/jcalb.1000105
- Erbes, C.R., Polusny, M.A., Dieperink, M., Leskela, J., **Nelson [Watson], G.C.**, & Seifert, A [2009]. Alcohol abuse in a Department of Veterans Affairs PTSD clinical treatment program: Examining identification and intervention. *Federal Practitioner*, 26, 32-36.

Peer-Reviewed Conference Presentations

- Barterian, J., **Watson, G. C.**, & von der Embse, N. P. [2013, February]. *Selective Serotonin Reuptake Inhibitors: An Introduction for School Psychologists*. To be presented at the annual meeting of the National Association of School Psychologists, Seattle, WA.
- Watson, G. C.**, Fish, H., Barterian, J., Moran, E., & Seif, E. [2012, August]. *Risperidone for conduct problems: A review of the evidence and guidance for future research*. Presented at the annual meeting of the American Psychological Association, Orlando, FL.
- Watson, G. C.** & Watson, E. R. [2012, February]. *School-based social support groups for parents of children with conduct problems*. Presented at the annual meeting of the National Association of School Psychologists, Philadelphia, PA.
- Seif, E., Moran, E., Barterian, J., **Watson, G. C.**, Fish, H., Carlson, J. [2011, August]. *The state of evidence of psychotropic medications for internalizing disorders in the preschool population*. Presented at the annual meeting of the American Psychological Association, Washington, D.C.

Professional Presentations

- Watson, G.C.** & Kern, M. [2014] MoodGYM social-emotional intervention: A review of the literature and guidance for school administrators. Presented at Illinois School Psychology Internship Consortium, Normal, IL
- Watson, G.C.** [2013]. Callous and unemotional traits as a predictor of psychotherapy treatment response within youth with conduct disorder. Presented at Turning Point Youth Center, St. Johns, MI
- Watson, G.C.** [2013]. My Sidewalks Reading Intervention: A review of the literature and guidance for school administrators. Presented at Illinois School Psychology Internship Consortium, Normal, IL
- Watson, G.C.** & Lloyd, B. [2012]. How to enter and access universal screening data using AIMSweb. Presented at Glencairn Elementary & Red Cedar Elementary, East Lansing, MI.
- Watson, G.C.** & Lloyd, B. [2011]. Using AIMSweb screener data to create instructional groups. Presented at Red Cedar Elementary, East Lansing, MI.
- Watson, G.C.** & Olivo, A. [2011]. How to administer AIMSweb reading curriculum-based measurement and MAZE comprehension screeners. Presented at Laingsburg Elementary, Laingsburg, MI.
- Watson, G.C.** & Olivo, A. [2010]. How to create a behavioral matrix for Michigan's Integrated Behavior and Learning Support Initiative. Presented at Laingsburg Middle School, Laingsburg, MI.
- Watson, G.C.** & Thompson, M. [2010]. Annual presentation of outcome data for all state and federally funded juvenile delinquency programs [Title II, Title V, Block grants] in Michigan. *Presented at a meeting of the Michigan Committee on Juvenile Justice.*
- Watson, G.C.** & Thompson, M. [2009]. Annual presentation of outcome data for all state and federally funded juvenile delinquency programs [Title II, Title V, Block grants] in Michigan. *Presented at a meeting of the Michigan Committee on Juvenile Justice.*
- Watson, G. C.**, Sbar, J., & Girard, K. [2009]. Promoting healthy eating habits in families. Presented at Averill Elementary, Lansing, MI.
- Watson, G.C.** [2009]. How to apply for Title V and Title II juvenile-delinquency prevention grant opportunities. Presented at Michigan Department of Human Services.
- Watson, G.C.** & Thompson, M. [2009]. Reviewing community risk-factor data and facilitating needs assessment and intervention selection as part of Title V grant process. Presented at multiple locations in Michigan.

RESEARCH POSITIONS

Research Assistant, Michigan State University, East Lansing, MI
[January, 2011 – May, 2014]

Supervisor: John Carlson, PhD, Associate Professor, Michigan State University

- ❑ Co-authored literature review on the effects of using psychotropic medication to treat internalizing disorders in preschoolers **[see publications above]**.
- ❑ Researched and co-wrote application for grant from Institute for Education Sciences on the development of wearable behavioral assessment technology.
- ❑ Co-authored literature review presentation on the effects of treating conduct disorder with atypical antipsychotics **[see presentations above]**.

Research Associate, Michigan Public Health Institute, Okemos, MI
[July, 2008 – August, 2010]

Supervisor: Clare Tanner, PhD, Program Director, Michigan Public Health Institute

- ❑ Consulted with Michigan Department of Human Services in identifying at-risk communities for targeting with Title II and Title V funding opportunities from U.S. Department of Justice -Office of Juvenile Justice and Delinquency Prevention [DOJ-OJJDP] **[see state government presentations above]**.
- ❑ Facilitated focus-groups and community outreach in targeted communities, built community capacity through Title II & V grant application workshops, assisted in design and implementation of community program evaluations **[see community presentations above]**.
- ❑ Conducted multi-site evaluation of state-administered cardiovascular health program. Included in this effort was the design of survey tools, creation and maintenance of SPSS database, conduction and interpretation of statistical analyses, and writing of final evaluation reports.

Research Practicum, Veteran's Affairs Medical Center, Minneapolis, MN
[May, 2007 – January, 2008]

Supervisor: Melissa Polusny, PhD, LP, Veteran's Affairs Medical Center

- ❑ Scanned, cleaned, and entered data for Department of Defense grant assessing Post-Traumatic Stress Disorder in National Guard combatants of Operation Iraqi Freedom.
- ❑ Assisted in drafting applications for funding opportunities through the National Institute of Health and the Department of Defense.

- Published empirical study assessing the VA's accuracy in diagnosing and treating alcohol abuse in PTSD patients **[see publications above]**.

Research Assistant, Youth Resiliency Lab, Minnesota State University, Mankato, MN
[September, 2006 – May, 2008]

Supervisor: Sarah Sifers, PhD, LP, Minnesota State University, Mankato

- Administered, scored and interpreted the BASC-II, Family Environment Scale, Fourth Edition, and Social Support Scale for Children.
- Published master's thesis on the effects of parental control and close friend support on the presentation of conduct problems in youth **[see publications above]**.
- Worked with Mankato community on grant application to fund youth assistance programs.

TEACHING POSITIONS

TE 150 Psychological Theory and Learning, Michigan State University [5 semesters]
PSYCH 101 Introductory Psychology, Minnesota State University [1 semester]

AWARDS & RECOGNITIONS

2014 – Dissertation Completion Grant, CEPSE, Michigan State University [\$6,000]
2013 – Dissertation Research Grant, COGS, Michigan State University [\$1,000]
2013 – Dissertation Completion Fellowship, CEPSE, Michigan State University [\$8,000]
2012 – Dissertation Research Grant, CEPSE, Michigan State University [\$1,000]
2012 – [Applied] Paul E. Henkin Travel Grant, American Psychological Foundation [\$1,000]
2012 – Travel Award, CEPSE, Michigan State University [\$950]
2011 – Provost Supplemental Tuition Grant, CEPSE, Michigan State University [\$1,500]
2011 – Travel Award, CEPSE, Michigan State University [\$600]
2011 – Travel Award, CEPSE, Michigan State University [\$500]
2011 – Fellowship, Bringing Science into Practice within the Delivery of Psychological Services to Early Childhood Populations, CEPSE, Michigan State University [\$3,500]

PROFESSIONAL MEMBERSHIPS

American Academy of Clinical Neuropsychology [AACN]
American Psychological Association [APA]
 APA Division 40 [Society of Clinical Neuropsychology]
 APA Division 53 [Society of Clinical Child and Adolescent Psychology]
National Association of School Psychologists [NASP]

PROFESSIONAL REFERENCES

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